

## MEDITATIONS ON THE TRUE CHRISTIAN LIFE

....*"This book of the law [the Word of God] shall not depart from [always be in] your mouth, but you shall meditate on it day and night, so that you may be careful to do according to all that is written in it; for THEN you will make your way prosperous, and THEN you will have success".... Joshua 1:8 NASB*

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\* Temperance [*self-control*] enables believers to be moderate in action, thought and feelings. The fruit of self-control enables us to crucify" the flesh and they that are "Christ's have crucified the flesh with its affections and lusts" [*Galatians 5:24*]. God would not demand of His children that which would be impossible for them to fulfill. He never intended believers to overcome the flesh by their flesh, rather God has provided His children with a supernatural "seed" of strength and self-control. That seed only requires "cultivation" in order for it to produce overcoming power by the Holy Spirit. This power will surpass all previous unsuccessful "attempts" at self-improvement. It will overcome any area of lust in the individual lives of those Christians who possess and apply.

The fruit of "temperance" enables us to develop the necessary self-control to live in this world and yet not be conformed to it. Temperance will cause believers to "mortify" the lusts of the flesh and live in harmony with God's plan and purpose for their lives. As a believer yields to the Holy Spirit within them they will develop the strength they need to "control" their flesh and bring it into submission to their re-born spirit.

....*"the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control [temperance]".... Galatians 5:22-23 NASB*

....*"But I say, walk by the Spirit, and you will not carry out the desire of the flesh. For the flesh sets its desire against the Spirit, and the Spirit against the flesh; for these are in opposition to one another, so that you may not do the things that you please".... Galatians 5:16-17 NASB*